

ALLENAMENTI IN ORARIO CAMP ANCHE PER CHI NON PARTECIPA AL CAMP NEMO
 VERRANNO SVOLTI ASSIEME A QUELLI CHE PARTECIPANO A NEMO - CONTATTARE GLI ALLENATORI PER ACCORDARSI

	LEVE	C1	C2	ES.B	ES.A	R/J/ASS
lun 08 giu	9:30-10:30	9:30-11:30	9:30-11:30	9:30-11:30	14:00 - 16.00	11:00-13:00
mar 09 giu	8:30-09:30	8:30-10:00	8:30-10:00	8:30-10:00	14:00 - 16.00	10:00-12:00
mer 10 giu	9:00-10:00	9:00-10:30	9:00-10:30	9:00-10:30	14:00 - 16.00	10:00-12:00
gio 11 giu	9:00-10:00	9:00-10:30	9:00-10:30	9:00-10:30	8:30-10:30	10:30-12:00
ven 12 giu	CAMPIONATI NAZIONALI UISP - RICCIONE					
sab 13 giu						
dom 14 giu						
	LEVE	C1	C2	ES.B	ES.A	R/J/ASS
lun 15 giu	9:30-10:30	9:30-11:30	9:30-11:30	9:30-11:30	14:00 - 16.00	11:00-13:00
mar 16 giu	8:30-09:30	8:30-10:00	8:30-10:00	8:30-10:00	14:00 - 16.00	10:00-12:00
mer 17 giu	9:00-10:00	9:00-10:30	9:00-10:30	9:00-10:30	14:00 - 16.00	10:00-12:00
gio 18 giu	9:00-10:00	9:00-10:30	9:00-10:30	9:00-10:30	8:30-10:30	10:30-12:30
ven 19 giu	8:30-09.30	8:30-10:00	8:30-10:00	8:30-10:00	10:00-12:00	10:00-12:00
lun 22 giu	9:30-10:30	9:30-11:30	9:30-11:30	9:30-11:30	09.00-11.00	11:00-13:00
mar 23 giu	8:30-09:30	8:30-10:00	8:30-10:00	8:30-10:00	10:00-12:00	10:00-12:00
mer 24 giu	9:00-10:00	9:00-10:30	9:00-10:30	9:00-10:30	8:30-10:30	10:30-12:30
gio 25 giu	9:00-10:00	9:00-10:30	9:00-10:30	9:00-10:30	8:30-10:30	10:30-12:00
ven 26 giu	8:30-09.30	8:30-10:00	8:30-10:00	8:30-10:00	10:00-12:00	10:00-12:00
lun 29 giu	9:30-10:30	9:30-11:30	9:30-11:30	9:30-11:30	09.00-11.00	11:30-13:00
mar 30 giu	8:30-09:30	8:30-10:00	8:30-10:00	8:30-10:00	10:00-12:00	10:00-12:00

ALLENAMENTI IN VASCA ESTERNA DA 50m